



**CARDIOLOGY
&
PULMONARY**

DOBUTAMINE STRESS ECHOCARDIOGRAM TEST

We have scheduled you for a Dobutamine Stress Echocardiogram on ____/____/____.

LOCATION: 6460 Main Street, Williamsville.

CLOTHING: All patients for testing should wear or bring the following:
(you may change here).

- Comfortable, loose fitting slacks or shorts, shirt (blouse) suitable for exercising.
- No stirrup pants
- Patient gowns will be provided for women
- Please wear socks of knee highs only – no pantyhose

DESCRIPTION OF TEST: A Dobutamine Stress Echocardiogram is the combination of an echocardiogram and a stress test induced by medication (dobutamine). This test is designed for patients that are unable to walk on a treadmill. This test will look at the structure, function and coronary artery distribution of the heart. A short resting echocardiogram will be performed prior to the test to ensure proper heart function. Lead wires will be attached to your chest which will monitor your heartbeat throughout the test. A Nurse will start an IV line while you are lying on the table. Dobutamine is then administered through the IV line. This medicine will increase your heart rate in place of the treadmill to simulate stress. It may sometimes cause rhythm disturbances, changes in your heart rate or blood pressure, and palpitations. These are short lived side effects of the medication. Another medication can be given through the IV line to reverse the side effects. The physician or RN supervising the test will terminate the test if they feel you are at risk. Your blood pressure will be monitored before, during, and after the test. If you experience any chest pain or other symptoms, you need to notify the physician or RN immediately. We will be imaging your heart at timely intervals and will pay particular attention to the images at this time. When you have reached your target heart rate or are having symptoms, the physician or RN supervising will stop the dobutamine and the Nurse will monitor your heart rate and the technician will take more images of your heart. The physician will review the results with you and a copy will be sent to the doctor ordering the test.

MEDICATIONS: A nurse will be calling you a few days prior to your scheduled appointment to go over any medications and to give you further instructions. You may call 634-5100 and ask for the Stress Testing Department if you have any questions. Please bring a list of your medications with current doses so we may review them with you.

DIETARY INSTRUCTIONS: You must fast 1 hour prior to your arrival time. We do insist that you avoid any chocolate, caffeine, and decaffeinated products for 24 hours prior to and also the day of the test.

SPECIAL INSTRUCTIONS: Please inform our office if you have a pacemaker. The test will take approximately 1-1/2 to 2 hours to complete. Please remember to bring all of your insurance cards and if your insurance requires a referral, please make sure we have it.

HOW TO OBTAIN YOUR RESULTS: You will get a preliminary report from our MD doing the test, and your physician will receive a copy of the results within a few days. You can get the results from your ordering physician. If you have any questions, please contact:

Main Street – 634-5100 and ask for a nurse in the Stress Lab
(if you have medication questions)

CANCELLATIONS: 24 hours notice is requested if you are unable to keep this appointment.

6460 Main Street
Williamsville, New York 14221
(716) 634-5100
FAX: 634-5134

515 Abbott Road
Buffalo, New York 14220
(716) 824-3623
FAX: 824-3984

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